

GENTLE MOVEMENTS
GREAT EXERCISE
GREAT FOR FOCUS



TAI CHI FOR KIDS

FOR 4 YEAR OLD KINDER KIDS!

1 JUNE - 29 JUNE
FRIDAYS | 9:30-10AM | WITH A CUPPA AFTER

CASTLEMAINE DISTRICT COMMUNITY HEALTH
13 MOSTYN STREET, 5479 1000
GOLD COIN DONATION

