

## Family support workers can:

- Talk to you on the phone
- Meet you at your home
- Meet you at Castlemaine District Community Health (CHIRP)
- Help you decide on and achieve goals for the whole family
- Help you access services and resources
- Work with individual family members or the whole family
- Tailor their service to the needs of the family



MAFS Is located within  
Castlemaine District  
Community Health  
at 13 Mostyn Street  
Castlemaine VIC 3450

Phone: 03 5479 1099

Fax: 03 5472 3221

E-mail: [mafs@cdch.com.au](mailto:mafs@cdch.com.au)

[www.cdchcastlemaine.com.au](http://www.cdchcastlemaine.com.au)



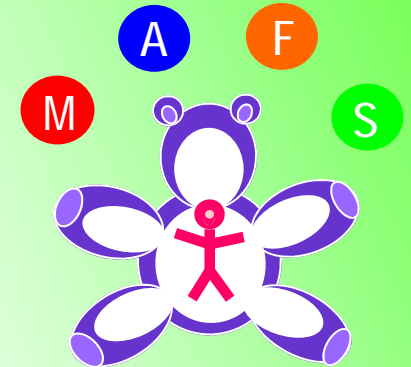
We are open

9am to 5pm

Monday to Friday

Printed October 2011

Mt Alexander  
Family Services



Family Support  
Services at  
Castlemaine District  
Community Health




Phone: 03 5479 1099

## What we offer:

Sometimes families need help juggling their different needs and demands. MAFS aim is to provide support to families who are experiencing difficulties or need a hand by:

- Helping them to identify and achieve their goals
- Spending time in their home to listen and assist in planning coping strategies
- Linking them to information and resources
- Linking them to other relevant services
- Planning programs that help with children and parent relationships

## Who we work with:

- Families with children aged 0-18  
(including before birth)
  - Families who live in Mt Alexander Shire
- 

## How to contact MAFS:

- Families can phone or drop-in at CDCH to request assistance
- Mt Alexander Family Services can visit families at home or at MAFS office at 13 Mostyn Street
- Family Services Workers aim to support families by working alongside families
- Family Services may offer Groups around common issues relevant to families, such as parenting, anxiety, grief, children's groups, men's, women's and adolescent support
- **Child FIRST Referral**  
Professionals, such as doctors and teachers can phone for advice or refer families directly to Child FIRST on 03 5440 1147 or 1800 260 338

MAFS is located within  
Castlemaine District  
Community Health (CDCH) at  
13 Mostyn Street  
Castlemaine VIC 3450  
Phone: 03 5479 1099  
Fax: 03 5472 3221

# MAFS *Services*

*are*

**FREE**

