

Please Note:

- From September 1st, 2014, all new referrals for AOD Counselling & Withdrawal Services will go through **ACSO Connect**
- Call the ACSO **AOD Treatment Services Intake & Assessment Line** on **1300 022 760**, Monday to Friday 9am—5pm
- You can also contact **Directline** on **1800 888 236** for information & **out of hours support**.



www.acso.org.au

**Castlemaine District
Community Health**

13 Mostyn Street
CASTLEMAINE 3450

Phone: 03 5479 1000

Fax: 03 5472 3221

email@cdch.com.au

www.cdchcastlemaine.com.au

Hours

Monday to Thursday 9.00am—5.00pm

Friday 9.00am—4.30pm



**Castlemaine
District
Community
Health**

COMMUNITY HEALTH

Information Resources Promotion

CONFIDENTIALITY

***All sessions are confidential and private.
In your first meeting you will be informed
about your rights and responsibilities.***

***As a consumer of this service, you will
have the opportunity to discuss any
concerns you may have regarding
confidentiality.***

***We recognise that Castlemaine is a small
town, and will ensure that your
information is safe.***

*Your Health
Your Community
Your Community Health Centre*

Printed September 2014

**AOD Services
(Alcohol and
Other Drugs)**

**Facilitating
Better Health**

Castlemaine District Community Health (CDCH) offers a range of services and programs aimed at promoting health and preventing illness. These may be conducted on an individual or group basis.

CDCH is part of your community

AOD Services cover a spectrum of issues confronting people affected by substance abuse. The service offers advocacy, personal support, strategies for change, someone to trust with the more difficult issues and hope for a more positive future.

AOD workers at CDCH are able to provide letters of support to someone facing court on AOD related matters.

AOD Services at CDCH

AOD Counselling is available to anyone affected by substance use. If you want to discuss or make change to your substance use, our counsellors are there to support and assist. This service also supports and counsels individuals affected by the substance use of others.

HOW DO I KNOW IF I NEED AN ALCOHOL AND OTHER DRUGS SERVICE?

Ask yourself these questions:

Is my substance use negatively affecting my life? For example, health, finances or relationships.

Is the substance abuse of others negatively affecting my life?

Am I having trouble in dealing with it by myself?

If yes, then there is a good chance that an AOD worker may be of assistance.

Our Service provides Counselling, case coordination, advocacy, withdrawal support and supervision and referral to the most appropriate options. We also work in co-operation with other service providers where required, such as GP's, Castlemaine Health, Community Mental Health Service, and many others, to give you the best possible chance of overcoming whatever problems you are facing.

From September 1st, 2014, call ASCO Connect on **1300 022 760** for Intake & Assessment to access all CDCH AOD Counselling & Withdrawal services.

AOD IS A COST FREE SERVICE

Needle & Syringe Exchange Program

We provide a service for **needle and syringe exchange**, stocking a large range of needles and syringes as well as iv water, swabs, filters and disposal units. Ask for this service at Reception, or pick up an **NSEP** card which you can show to indicate that you require this service.

The Non-Residential Withdrawal Service

offers assistance to people of any age needing information, support and supervision to withdraw from substance abuse. The service is available from Monday to Friday.

The Non-Residential Home-Based Withdrawal Nurse can assist with withdrawal at home, inpatient hospital or in a de-tox unit. Support for ongoing rehabilitation and other long-term treatments can also be provided..

YOUTHINC

Education and support sessions are provided to underage young people who are found by police drinking alcohol in a public place. Parent support is also provided.