Mount Alexander

Diabetes Support Group

Do you have a diabetes related question?

Does your glucometer need checking?

Do you feel like a catch up and cuppa with other people who have diabetes?

Do you have a spare 10 minutes, or even an hour?

If you answered **YES** to any of the above, then come along!!!

Our **Support Group** is a friendly, free, informal get-together for people with diabetes.

A Diabetes Nurse Educator will be in attendance

Remember, the first Wednesday of each month from 2—3pm, we would love to see you at CDCH.

Dates for 2017 are:



January no meeting, February 1st, March 1st, April 5th, May 3rd June 7th,

July 5th,
August 2nd,
September 6th,
October 4th,
November 1st,
December 6th
(our Christmas get together at 12 noon and venue TBA)

Castlemaine District Community Health
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