

Mount Alexander

Diabetes Support Group

Do you have a diabetes related question?

Do you have a question about your glucometer?

Do you feel like a catch up and cuppa with other people who have diabetes?

Do you have a spare 10 minutes, or even an hour?

If you answered **yes** to any of the above, *then come along!!!*

our Support Group is a friendly, free, informal get-together for people with diabetes.

A Diabetes Nurse Educator will be in attendance

Remember, the first Wednesday of each month from 2—3pm, *we would love to see you at CDCH*

Dates for 2018 are:

January no meeting,	July 4th,
February 7th,	August 1st,
March 7th,	September 5th,
April 4th,	October 3rd,
May 2nd	November 7th,
June 6th,	December 5th

(our Christmas get together at 12 noon and venue TBA)



Castlemaine District Community Health

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